

### NSNU

# NEWSLETTER

26 December, 2024

Vol.4









# NAYA SAWERA NAYEE UMANG (NSNU) DELHI NCR CHAPTER LAUNCH

A New Milestone for Empowering Senior Citizens

Join us on 12th January 2025, from 10 AM to 4 PM IST, as NSNU proudly launches its Delhi NCR Chapter. This initiative marks a significant step towards building a strong, inclusive community dedicated to enhancing the lives of senior citizens through meaningful conversations, health insights, and digital empowerment.

#### **Event Highlights:**

- 1. Panel Discussion: "The Future We Want for India's Senior Citizens"
- 2. Health Session by Dr. Vansh: "The Power of Nadi:
  Ancient Wisdom for Modern Health"
- 3. Financial & Digital Awareness: "Financial and Digital Sensitization for Elderly"

Your presence and support will play a vital role in shaping this vision. Join us for this transformative event!





#### **Sundarkand Path**

NSNU in collaboration with Aastha Center for Geriatric Medicine Palliative Care Hospital and Hospice Sundarkand Path on 1st, December.

#### Webinar

Webinar on Investment opportunities through mutual funds with Expert, S.Gopi Krishna on 22nd December 66

#### **VISION**

Unite generations, enrich communities, empower seniors, preserve dignity, enhance life.

#### **MISSION**

Build a 100,000-member community, expand to 50 cities, empower seniors.

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#### **CREATING AN INCLUSIVE SOCIETY FOR SENIORS**

Because Wisdom Deserves a Front-Row Seat

Let's face it—society often treats seniors like expired yogurt: overlooked despite their rich flavor. But here's the truth—seniors are reservoirs of wisdom, wit, and unbeatable card game strategies. Did you know that by 2050, over 2 billion people will be over 60? That's not just bingo night; that's an economic and cultural powerhouse waiting to shine!

Creating an inclusive society isn't rocket science—it's about more than offering a senior discount at the movies. It's about designing cities with ramps instead of stairs, organizing tech classes to bridge the digital divide, and creating community spaces where conversations flow freely across generations.

We must stop viewing aging as a ticking clock and start seeing it as a treasure chest of potential. After all, seniors aren't a separate demographic—they're us, just with more stories to tell.

## JOIN US IN MAKING A DIFFERENCE

BECOME A VOLUNTEER AT NSNU! EMPOWER SENIORS AND FOSTER INCLUSIVITY AS A CITY AMBASSADOR OR COMMUNITY CATALYST!

**SPREAD THE WORD** 

**VOLUNTEER** 

**DONATE**