

# Naya Sawera Nayee Umang

Monthly Newsletter



VOLUME 3

@NSNU\_NGO

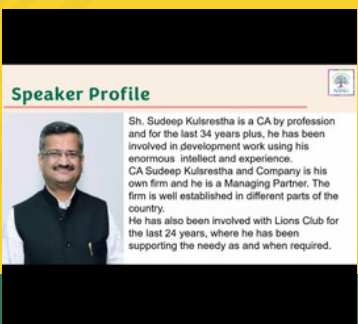
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## VISION

UNITE GENERATIONS,  
ENRICH COMMUNITIES,  
EMPOWER SENIORS,  
PRESERVE DIGNITY,  
ENHANCE LIFE.

## MISSION

BUILD A 100,000-MEMBER  
COMMUNITY, EXPAND TO  
50 CITIES, EMPOWER  
SENIORS.



## From the desk of a senior citizen

*Conversations are vital for human connection, yet millions of elderly people face loneliness as family and friends drift away. Technology keeps them occupied but lacks the warmth of real interaction. NSNU (Naya Sawera Nayee Umang) addresses this with its "Community Catalysts" program, where verified volunteers engage with the elderly through meaningful conversations and outings. These "Community Catalysts" offer companionship, care, and empathy, bridging the gap left by absent loved ones. Their efforts combat isolation, especially in a post-Covid world, and bring joy to the elderly while gaining wisdom from their experiences. It's a beautiful, win-win initiative that more people should join.*

## Preview

Launching our 2nd City chapter in Delhi NCR on January 12th, 2025.

Hosting a Sunderkand Patt in collaboration with Aastha Center for Geriatric Medicine Palliative Care Hospital and Hospice on 1st December, 2024.

Organizing a Webinar on Mutual Funds with an expert on 22nd December, 2024.

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## RECAP

NSNU hosted an in-person event on the theme "The Power Of Nadi: Ancient Wisdom for Modern Health" on 10th November. We were delighted to host Dr Vansh Maurya as our esteemed speaker for the event. We are thankful to the speaker for his insights and all the participants for making the event, a success.

NSNU organised a Webinar on "Investment Opportunities and Tax Planning" on 23rd November. We are incredibly thankful to our speaker, CA Sudeep Kulsreshtha (Managing Partner, Sudeep Kulsreshtha & Co., Member: Lions Club) for his contribution in making the event successful.

## JOIN US IN MAKING A DIFFERENCE

SPREAD THE WORD

VOLUNTEER

DONATE

BECOME A VOLUNTEER AT NSNU! EMPOWER SENIORS AND FOSTER INCLUSIVITY AS A CITY AMBASSADOR OR COMMUNITY CATALYST!